



Canadian Mental  
Health Association  
Waterloo Wellington  
*Mental health for all*

CMHA Waterloo Wellington  
Survey Results

# How Mentally Healthy is Your Community?

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# Why did we conduct this survey?

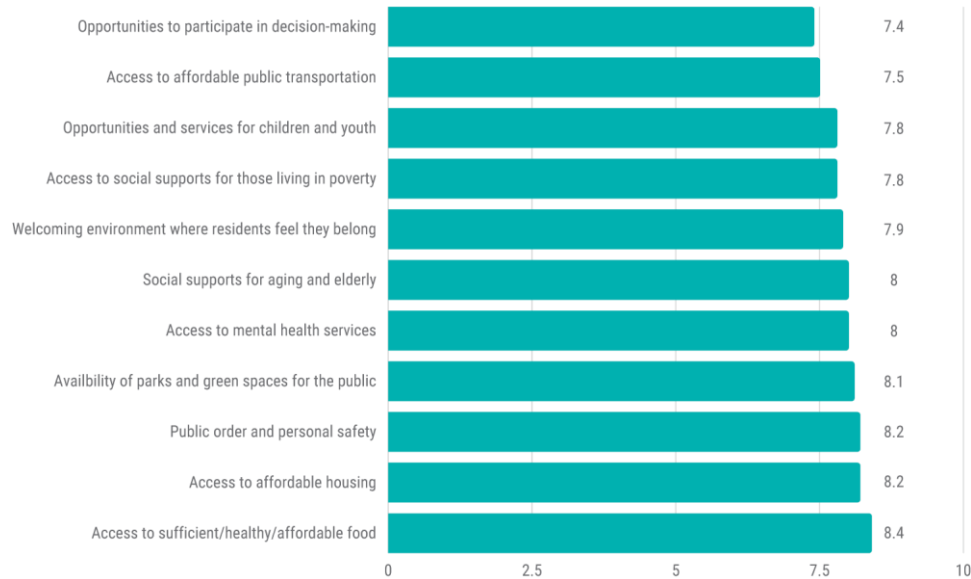
- The survey seeks to answer the question, “How Mentally Healthy is Your Community?”
- We must understand how residents view mental health and wellness in their community to provide accessible services and resources
- Data provides us with insights to guide decision-making based on service area needs



## Survey Findings

# Community Contributions to Mental Health

(Overall significance out of 10)



## Survey Findings

# How Mentally Healthy is Your Community?

Municipality	Ranking out of 10
City of Waterloo	6.8
City of Guelph	6.7
Waterloo Region (outside Tri-city area)	6.3
City of Kitchener	5.9
City of Cambridge	5.8
Wellington County (outside Guelph)	5.0



# “Front Door” Services



Here 24/7



IMPACT Police Crisis  
Teams



**THE GROVE**  
YOUTH WELLNESS HUBS ONTARIO

The Grove  
Youth Wellness Hub



# Calls To Action

- Prioritize mental health services at a municipal level
- Integrate mental health into all aspects of local decision-making
- Provide resources to expand services to catchment areas
- Along with our amazing partners, CMHA WW is here to help

